

Camphill Village Copake



Spring 2018

# VillageView





# Village Happenings



## Festivals

### Whitsun

During our spring Whitsun festivities in the Village, we celebrated the unique qualities of our cultural backgrounds, and the ways in which we all come together for a similar purpose. The four local Camphill communities participated, including Camphill Hudson, Camphill Triform Community, and Camphill Ghent. Thank you to everyone who joined us for this lovely festival.

Photos by Irena Valujeva.



*Our French presenters did their best cancan.*



*Fountain Hall was packed with friends who have been joining us for Whitsun for many years.*



*A diverse array of foods to wrap up the celebration.*



*Ruth Thandeka Ndhlovu takes the mic during the South African presentation.*



*Left to right: Stephen Gibson and Michael Desmond exit Fountain Hall.*



*Left to right: Michael Davis and his brother Ken Davis sit beside each other on the Fountain Hall patio.*



*Magdalena Szewczykowska leads Rukin Shivdasani, Oliver Dawdy, and Andrea Baring in song to conclude morning presentations.*



*Left to right: Suzie Freedman, Ellen Hunt, Marsha Hunt, and Neal Hunt stand behind Warren Hunt, who held a book signing in Fountain Hall, and donated proceeds to the Village.*



*Jen Forrester, Allen Scalise, Joan Forrester-Lenahan, Joan Hill, Ellin Scalise, Heather Forrester, and Gigi Sobczak pose outside of Fountain Hall.*

### Brothers and Sisters Day

What a lovely Brothers & Sisters Day we had in June! Thank you to everyone who assisted and attended. We hope you all enjoyed our presentations and skits, as well as the lovely weather in the Village!



# Village Happenings



## 5K Trail & Fun Run

Things we learned during this year's 5K at Camphill Village: helium balloons sink to the ground on a chilly, rainy day; we have the best darn cheerleaders around (cows included!); Edson is really, really fast; and we've made some wonderful friends through this event over the last couple of years. We can't tell you what it means to our community to see the same faces returning here since the first 5K Trail & Fun Run.

**We hope to see you and the sun back here next year for the 4th Annual 5K Trail & Fun Run for All Abilities!**

**Thank you, sponsors!**



*Ernesto Martinez begins the race.*



*Edson Chipalo jumps for 5K joy during the first half of the race.*



*Marian Scharr and Ian Walsh celebrate at the finish line.*

## Achievements



*Left to right: Immaculate Motsi, Ruth Thandeka Ndhlovu, Noma Motsi, and Aijia Men pose with their certificates in social therapy.*

## Graduations

We celebrated the accomplishments of our wonderful Camphill Academy students, who received certificates and diplomas in social therapy. They worked hard for these achievements, and we look forward to seeing them become agents of change in the field of human services.



*Magdalena Szewczykowska received her diploma in social therapy.*



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# Village Happenings



*Ben Bruschke mixes the vat to make a soft Alpine raclette cheese.*



*Ben Bruschke and Tavius Sims pose together after adding rennet powder to the bath.*

## Teamwork at Sunny Valley Barn

As many of you might remember from his previous introduction in the Village View, Ben Bruschke was a member of Camphill Triform Community before joining us in Copake. He was a journeyman at Triform, where he expressed an interest in learning to make dairy products. A kind coworker

from Triform began bringing Ben on a regular basis to work with Tavius Sims here in Copake, and the two have been improving their cheese making skills together ever since. Ben not only washes the equipment to keep it sanitary, but he mixes the milk vat from atop a step stool (a complex

process where you must monitor temperature and curdle size for extended periods), and assists in packaging the wet curds before the moisture drains from the molds. We're so glad that Ben and Tave have taken such a keen interest in working as a team to hone their dairy skills.

## Bring the Village to Your Home

Over the spring, the Village launched a new web site, where you can find your favorite handmade Camphill items online. CamphillStore.com is stocked with our 100% beeswax candles, a whole bunch of items from our Woodshop, lip balm from the Healing Plant Studio, and the Village's own maple syrup. We have plans to add more items, so keep

checking back for additions of more great wares made in the Village.

The effort to open the online store was largely led by Ilan Ronen and Saskia Mungard from the Candleshop. The process involved lots organization, editing, and photography, and we're very pleased by the result.

The Camphill Village Store can be found at [CamphillStore.com](http://CamphillStore.com).



*Preparing pillar candles*



*Building blocks made in the Woodshop*



*Sorting herbs from the Healing Plant Garden*



*Pouring fresh maple syrup*



# Camphill Movement



## Two Generations, One Community

When residential volunteers—dubbed “coworkers”—join our community, some will stay for decades, some will leave after a year and always appreciate their experience here, and some will continue to return many times throughout their lives. These are the stories of two coworkers born with several decades between them and thousands of miles apart, who have found themselves returning to their home away from home in Copake.



*An early photo of Teresa Yasuda.  
Courtesy of Marty Hunt.*

**Teresa Yasuda** first came to Camphill Village in Copake in 1996. Ours was the fifth Camphill Community that Teresa had lived in by then, with her Camphill journey having started in Aberdeen, Scotland in 1989. She ran the Weavery here in Copake with Jonitha Hasse for 10 years. “I was a neighborhood steward, too,” she said, laughing. “I don’t know how, but I did it for about three years.”

She returned to her home country of Brazil after a decade in Copake, and in 2008, she slowly began coming back for three months each year, missing just 2013 while caring for her father in the hospital.

“In 2014 my family said ‘you need to go,’ because I was a little depressed. It was too much work being every day in the hospital,” she said. “And I was

missing so much here. I was missing the rhythm here somehow.”

Her life in Brazil is busy. She lives alone in her apartment in San Paolo, a city of more than 12 million people. “It’s quite a big city,” she said. “But here it’s so peaceful in nature, especially in the summertime,” she said. “I know I have very good memories of winter here, too. Winter here can be very beautiful though, isn’t it? It’s very nice.”

Teresa makes sure to be here in the Village during Brothers & Sisters Day in the spring each year. “I like to meet the parents and siblings of the older villagers, you know? Like Frances Manley,” she said. She lamented that many of her weavers have since retired or have passed away since she was running the Weavery. She has fond memories of friends like Betsy Miller and Lee Klein,

who are both deceased. She’s pleased after all these years to still spend time with Linda Gradman, Danny Miller, and Karen Jane Hayden, who she considers old friends. And she’s pleased that even after all this time, residents hold the same values of community and a healthy home life.

“I used to be the young coworker. We are aging, but it’s good, the older times. Now with the new house leaders, I try lately to get to know them more, like the lady in Arbutus House,” she said, referring to Sarah White, who was a health aid working in Ita Wegman House before joining the community. “Last summer she said, ‘I need to dedicate my time to Arbutus House, and strengthen the household,’ and I said, ‘Wow! You’ve got the spirit of the community.’”



*Johan Kristensen working in  
the lower vegetable gardens.*

**Johan Kristensen** was in high school, when he came to the Village from Denmark four years ago with his two sisters and parents, who ran Arbutus House for a year. He said that schoolwork made it difficult to engrain himself in Village life, but summer vacation afforded him the opportunity to work in the vegetable garden, which he found was more satisfying than schoolwork—a surprise to Johan, who is usually drawn to more theoretical activities.

“I’m not really a practical person, but working here in the garden with the people and just experiencing this, it’s very concrete,” he said. “You know when you do work, you can see it in a way. Here, you’re helping everyone in the Village. You’re really contributing and that’s definitely nice.”

## “You can sort of just jump in and you feel at home.”

Johan enjoyed the experience so much that he returned the following summer on his own, and lived in White Oak House. “I wanted to come back, not only just to see my classmates and stuff, but also just to actually participate in the Village,” he said. “It was so much more fun being a coworker cuz I could actually go out and attend all the gatherings and stuff you know? Like holidays and events happening in the Village. Like just participate, you know? Be a part of it all.”

Johan, who returned again this spring, said he also enjoys being able to explore the area, as the Village is situated in a beautiful part of the country.

“I don’t always just see the Village as my home. I see the whole area as my home. You know, the mountains, the Catskills, the Hudson River—everything,” he said. “It’s just an amazing area. Yesterday I went on a hike in the evening cuz I had an evening off.”

He said it was easy to return to the Village this time around, and getting back into the groove of Village life was almost effortless, despite not knowing any of the new coworkers. Being on the vegetable garden crew, he sees people from the whole Village regularly at the garden market on Tuesday and Friday mornings. He enjoys learning about all the changes and developments in the Village during his time away, and since his first experience living in the Village with his parents.

“Since four years ago, a lot of things have happened. I think it’s exciting to see everybody, like I love seeing the people I used to live with in Arbutus, like Rukin, Susan Freedman, Suzie Taube, Kipp as well, and Alan,” he said. “I’m so happy to see everyone that I know. I get to work with them and it’s very exciting seeing them again, especially if they remember me. That’s always lovely.”

He said the Village isn’t quite like a family, but it is a closely knit community where everyone knows each other, and all are welcome to contribute.

“It’s funny here in the Village,” he said. “You can sort of just jump in and you feel at home.”

**To learn about our volunteer opportunities, please visit [CamphillVillage.org/Volunteer](http://CamphillVillage.org/Volunteer).**



# Snapshots



*Christopher Duffy “helps” Paula Levai in the Village Bakery.*



*Katrina Hoven and SaraMae Kline place dandelions to compose a mandala near Fountain Pond.*



*Elijah Kent before performing a lyre piece at the beginning of Join the Sound rehearsal.*



*Another new resident of the Village.*



*Left to right: Rukin Shivdasani, Oliver Dawdy, and Finot Selassie work in a Turtle Tree Seed garden.*



*Rukin Shivdasani and Theo Marchand paint together at the spring conference of the North American Council for Anthroposophic Curative Education and Social Therapy, held at Maison Emmanuel in Val-Morin, Quebec. Photo by Kristina Labaty.*



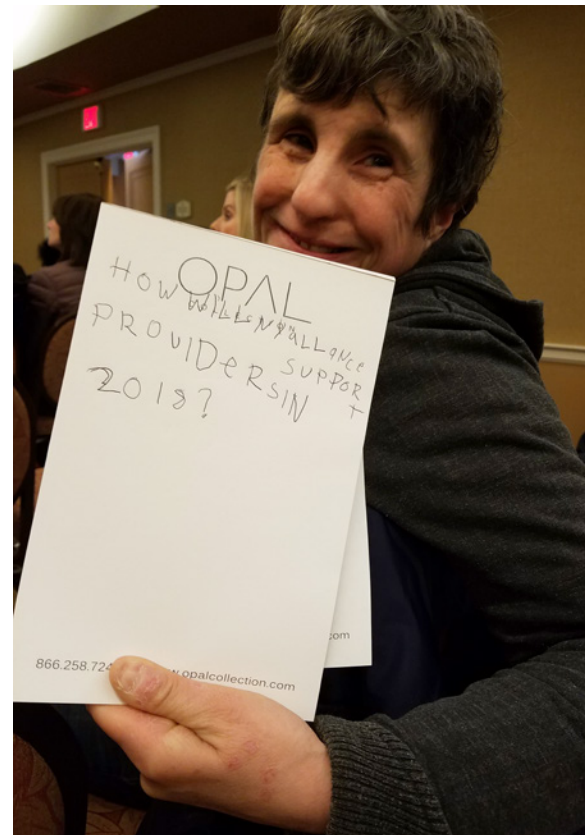
*Rachel Brylawski tends to seedlings at Turtle Tree Seed.*



*Nathan Collins hangs out by a vernal stream in the Village.*



# Places We Go



Kim Warga records her own question for a question and answer session: "How will NY Alliance support providers in 2018?" Photo by Sam Freeman.



Beth Wagner stands beside her felt artwork at the conference art show. Photo by Seeya Zheng.

For Nico and Seeya, the lectures on end-of-life care, dementia, and Alzheimer's disease were of interest. They have had the opportunity to learn how we work in an anthroposophical way to aid those who are in or are approaching the later stages of life, but it can also be important to hear what others are doing.

Beth really enjoyed the entire conference, especially the art show and the dance. At the art show, Beth was the sole contributor from Camphill Village. She loved being able to walk around and see what everyone was doing. When asked what her favorite piece was she told me that every work of art was beautiful. At the dance, Beth was the only one at our table who was brave enough to venture out onto the dance floor, where she danced her heart out. It was a great moment for Beth and for us all.

Personally, my takeaway from this conference was one of appreciation. In so many agencies, the workers there seem to struggle with how to move anything past the bureaucracy and regulation that they are faced with. The elements of "innovation" that defined the theme of the conference have been the philosophies and approaches of Camphill for decades. I truly hope that one day, the many providers of New York will realize what has been happening in Columbia County since 1961.

**We would all like to thank Camphill Village for supporting us and for sending us to this conference. We learned a lot and through the process, and we were able to develop a greater appreciation for our community.**

## Our trip to the NYAI Conference

by Sam Freeman

**Attendees: Nico Christiansen, Sam Freeman, Seeya Zheng, Kim Warga, and Beth Wagner.**

We were invited by the Village Research & Development Group to attend the April conference held by the New York Alliance for Inclusion and Innovation (NYAI). It was a wonderful opportunity to not only see what was going on in various agencies across the state, but to also enjoy a short vacation up in Lake George. The conference took place at the Sagamore Resort, which is located on an island with beautiful views of the lake from all directions. While there wasn't much activity that early in the season,

the peacefulness over the lake left the natural beauty of Lake George to truly shine. Some of us even woke up early for a special sunrise over the water.

As for the conference itself, we were all able to attend different lectures and presentations ranging from relationships to Alzheimer's to art. For Kim, the best presentation was given by the members of the New Hope Community, who spoke about "Supporting Individuals Through Toxic Relationships." It was helpful to be given examples of positive and negative relationships, and to learn that the best lesson is to be open and honest with your partner.

## New Orleans

Ilan and Sarit Ronen, Carmen Rivera, Danny Miller, Karen Jane Hayden, Michael Desmond, and Andrea Baring took a trip to New Orleans and Memphis in April. They visited the American Civil Rights Museum at the Lorraine Motel, ate some tasty food, saw some gators, and danced to some incredible live music.

They also stayed a few nights at Raphael Village, a Camphill-inspired community in downtown New Orleans. What a great experience! You can see a bunch of video clips from their trip on our Vimeo page! [Visit Vimeo.com/CamphillVillageUSA/NewOrleans.](https://vimeo.com/CamphillVillageUSA/NewOrleans)

Photos by Ilan and Sarit Ronen.



Breakfast at the legendary Shack Up Inn in Clarksdale, Mississippi.



Andrea Baring dances with a new friend in New Orleans.



Ilan Ronen overpowers a fake alligator.



Carmen Rivera holds a baby alligator during a swamp tour.



Danny Miller and Karen Jane Hayden pose inside the sculpture garden of the New Orleans Museum of Art.



# Spring

## Recipe

### Dandelion Syrup

This recipe comes from Irena Valujeva, a long-term coworker, who grew up in Latvia. She writes, “My mom made this in my childhood and we used this instead of honey. Honey, we got only when we were sick, it was too expensive for us. This is a taste of my childhood, still alive within my childhood memories.”



Dandelion syrup.  
Photo by Irena Valujeva.

#### Ingredients:

1. Access to about 200 dandelion heads
2. Water
3. Bowl or pot
4. Lid or heat-safe plate
5. Strainer, sieve, or cheesecloth
6. Granulated sugar (approximately 2lb)
7. Jars for storage

#### Instructions:

1. Pick up 200 dandelion heads, shake off insects, and rinse with cold water (If you like, you can lay them out on a towel until they're dry).
2. Place in a bowl or pot and pour the boiling water over them.
3. Cut one lemon into thin slices or pieces and add to the dandelion bath.
4. Cover the mixture with a lid or heat-safe plate and soak for about 24 hours.
5. Filter out the liquid through a strainer, sieve or cheesecloth. Discard the dandelions.
6. To the liquid, add up to 2 lb sugar (more sugar will yield a thicker syrup).
7. Simmer on low heat, stirring occasionally, for 1 to 1 1/2 hours until you reach your desired consistency.
8. Fill in jars and store in a refrigerator until you're ready to use your syrup on pancakes or in a refreshing spritzer.
9. If you like, you can reheat the syrup on the stove until it reaches hard crack stage (300F/149C), and pour into molds to make dandelion candies.

# Expressions



## Whitsun Festival



Vera Blanchfield contributes to a group painting during the Whitsun Festival in Lake Constance, Germany.  
Photo by Kerst de Jong.



Many people from all over contributed to the painting.  
Photo by Kerst de Jong.

## Chalk Art

On the Friday before Whitsun in May, many of us gathered to decorate the Ring Road in the Village with sidewalk chalk.



Dominic Garafolo poses next to his artwork.



Randy Simon takes a perspective from within her drawing.



Cap Bielenberg draws a blue infinity symbol.



# Introductions



## Jeff Mill

Jeff moved to Camphill in Copake from his home in Catskill, NY. Before arriving in Copake, Jeff would commute five days a week to Camphill Triform Community, where he was a farm apprentice. Since arriving here in May, Jeff has continued his interest in farming, and has made some great friends, as you can see! Jeff does love animals, but he also enjoys performing in plays, playing music, and reading books on many subjects.

Welcome, Jeff!



Jeffrey Mill cuddles a lamb at Sunny Valley Barn. Photo by Sam Mirkin.

## Updates on the Camphill Village Board of Directors

Gabriella Sperry, who joined our board in 2011, was inducted into her new roll as board president in early 2018. She replaces Bill Vogt, who continues his extensive service to the Village as board treasurer.

We are delighted to announce the following additions among the members of the Camphill Village Board of Directors. We also thank Peter Kornman, who has left the board, for his service to our community

Read more about our new members under the "About" tab on our website.



Louis Cooper, **Attending Physician**, Emergency Medicine at New York Presbyterian Hospital; Assistant Professor of Emergency Medicine, Weill Cornell Medical Center. Brother of a Camphill Village resident.



Bruce Kraus, **Partner**, Kelley Drye & Warren LLP.



Roman Gerhard, **House Leader**, Camphill Village USA, Inc.



Susan Williams, **Parent** of a Camphill Village resident and interior designer.

## Welcome, New Coworkers!



Left to right: Selma and Lotta Gerhard, Ludwig Berkmann, Ben Bruschke, and Ujah Moses Onoja

### Short-term Coworkers

Chantal Bindelli  
Ephraim Glueck  
Sonja Hanauer  
Cem Hellmann

Inga Janssen  
Ann-Kathrin Koehler  
Laura Kreutzer  
Johan Kristensen

Teresa Yasuda  
Jonathan Wahl  
Bryan Wu

### Long-term Coworkers

Henrik Cordes  
Ujah Moses Onoja  
Luciana Vila Funes



# Join us for Family Day



**October 6, 2018**

Join us for Family Day 2018 on Saturday, October 6th right here in the Village.

*Sarah Bomba and her family at Family Day 2017.*

# Upcoming Events



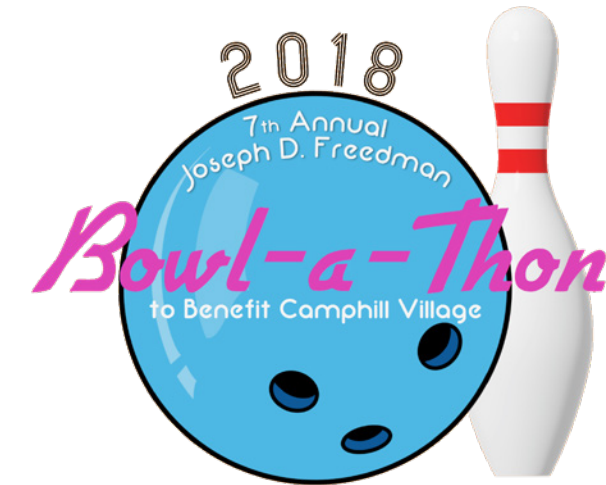
## Bowl-a-Thon

The 7th Annual Joseph D. Freedman Bowl-a-Thon to benefit Camphill Village.

**November 10, 2018**

AMF Chicopee Lanes  
Chicopee, MA.

Visit [JosephDFreedmanBowlathon.org](http://JosephDFreedmanBowlathon.org)



## Anne Ratner Concert Series

Anne Ratner Concert Series to Benefit Camphill Village 2018-2019 Season

**October 9, 2018**

Soprano Julia Bullock

**February 12, 2019**

Tesla String Quartet

**April 2, 2019**

Pianist Anne-Marie McDermott

Visit [AnneRatnerConcertSeries.org](http://AnneRatnerConcertSeries.org)



*Soprano Julia Bullock. Photo by Brent Arnold.*



# Camphill Village Copake

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*Emily Gerhard harvests  
honey from a Village beehive.*

designwajskol NYC

*Cover photo:  
Frances Manley grasps a bunch  
of freshly picked dandelions.*